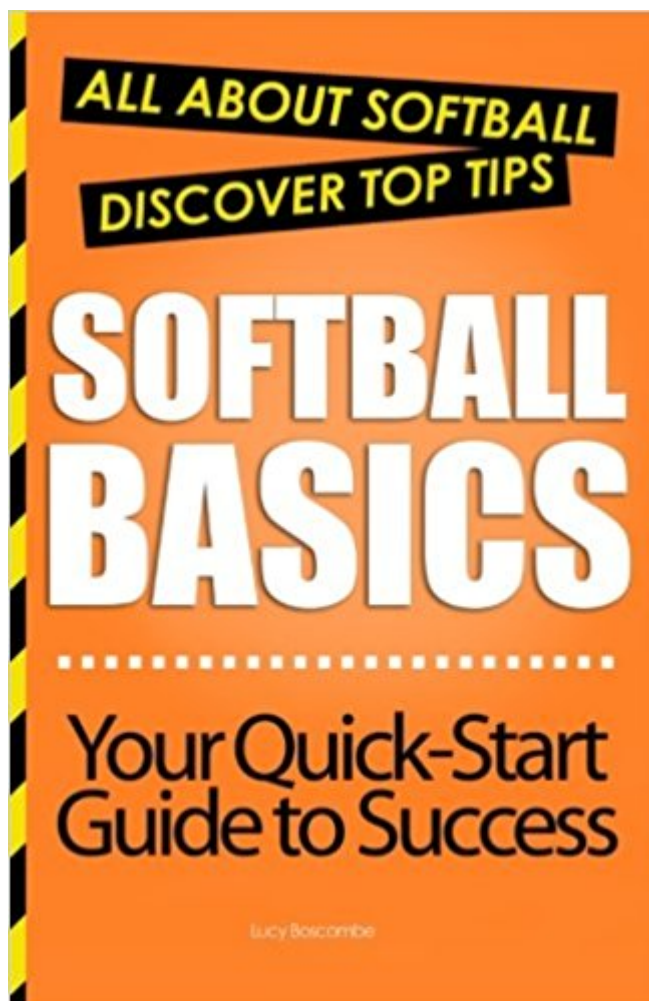


The book was found

Softball Basics: All About Softball



Synopsis

Softball Basics: All About Softball is a simple and easy-to-read book in which you'll discover top tips and practical advice to learn all about softball including.... Softball: A Brief History The Basics Softball Training Equipment Choosing the Right Bat Choosing the Right Mitt Choosing Your Cleats Four Areas to Consider Hitting Better Pitching Tips Strengthening Your Outfield Throw Running the Bases Improving Vision Sliding Basics Improving Technique Fitness Training

Book Information

Paperback: 100 pages

Publisher: CreateSpace Independent Publishing Platform (September 27, 2012)

Language: English

ISBN-10: 1480000116

ISBN-13: 978-1480000117

Product Dimensions: 5.1 x 0.2 x 7.8 inches

Shipping Weight: 5.8 ounces (View shipping rates and policies)

Average Customer Review: 1.6 out of 5 stars 3 customer reviews

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Customer Reviews

Way too simple and way too basic. NOT All about softball. If you know absolutely nothing about softball this is the book for you. If have ANY understanding of the game or can watch a game without getting lost you need a different book.

Was not what I expected. I didn't learn anything from this book. I thought this book would help me teach my pupils how to play and learn the basics of softball, but it didn't.

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